

Get SouthCoastToday Mobile

HOME | HOME DELIVERY | PLACE AN AD | CLASSIFIEDS | LOCAL SEARCH | TOOLBAR



WEATHER FOR NEW BEDFORD: SUNNY 65° Forecast / Radar

NEWS | SPORTS | OPINION | ENTERTAINMENT | LIVING | SPECIAL REPORTS | SIGHTS & SOUNDS | YOUR TOWN | MARKETPLACE | SERVICES

# 'Zumba'-ing to a Cure Locals to support ALS patients and families in day long Zumbathon

April 23, 2009 6:00 AM

By Kaisa Holloway Cripps

Editor

FAIRHAVEN— The impact of ALS, also known as Lou Gehrig's disease, on families, friends and loved ones can be devastating, especially as the disease quietly overtakes their loved ones.

Local Zumba instructor Chris Pedersen knows first hand the impact. After the diagnosis of her brother-in-law with ALS; what was thought to be a strained back muscle became a crushing diagnosis for the man with a young family.

After her family's experience and the support they received through a non-profit organization, they decided to give something back.

Together with other instructor's, a Zumbathon has been arranged to 'Crush ALS'; 'Zum to Care' with funds benefit CCALS, a non-profit organization that supports ALS patients, their friends, caregivers and health professionals.

"Compassionate Care ALS (CCALS) stepped in to provide our family with much needed and welcomed support," writes Chris with sister, Beth, in a note about the fundraiser. "Our passion for Zumba and the feeling that we should somehow give back brought us here."

Fellow Zumba enthusiasts and those curious about Zumba are invited to help out on May 3, 2009 at Old Rochester Regional High School in the gymnasium. They are inviting the public to 'ditch the workout and join their Zumba party' while raising funds for CCALS.

Several area Zumba instructors will be leading the giant party, with the first 25 individuals to register for the event to receive a free t-shirt.

A \$20 registration fee is requested for the Zumbathon, with individuals encouraged to fundraise through friends, family and coworkers to raise those funds, and more to help families afflicted with ALS.

Individuals who want to support the cause, but not dance, are invited as well. A donation of \$2 admission is requested. Informational booths will be there the day of the event, and those Zumba-ing need all the support. Surprises may also be in store.

All funds donated are tax-deductible.

For more information please email Chris at chrisseff@comcast.net or (508) 280-8294 or Beth at bforgue2@verizon.net or (508) 813-7537.

Text Size: A | A | A

Print this Article | Email this Article

### ShareThis

## MOST VIEWED STORIES

- Fall River man killed in Westport crash
- Tough times for county sheriffs in Massachusetts
- Vehicle, window damaged in NB shooting
- SouthCoast, state officials prepare swine flu response
- NBC's peacock has run out of pluck
- More gardens sprouting amid recession, safety fears
- YOUR VIEW: Senior police, firefighters selfish

HOME

### READER REACTION

These discussions and our forums are not moderated. We rely on users to police themselves, and flag inappropriate comments and behavior. You need not be registered to report abuse. In accordance with our [Terms of Service](#), we reserve the right to remove any post at any time for any reason, and will restrict access of registered users who repeatedly violate [our terms](#).



[Browse All Forums](#) | [View All Comments](#) | [Login](#) | [Register](#)

**You are currently not logged in**

[Login to comment.](#)

[Browse All Forums](#) | [View All Comments](#) | [Login](#) | [Register](#)

Print this Article | Email this Article

### Ads by Google

#### Free Fundraising Kit

50 Tips for Running a Successful Auction. Get a free auction kit!  
[www.cmarket.com](http://www.cmarket.com)

#### ALS TDI

What is being done to discover a treatment or cure for ALS?  
[www.als.net](http://www.als.net)