



## Zumbathon for ALS

### GateHouse News Service

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MATTAPOISETT — Compassionate Care ALS (CCALS) will host its second annual Zumbathon from 1 to 4 p.m. Sunday, April 11, at Old Rochester Regional High School in Mattapoisett, to raise awareness for patients and families struggling to meet the daily challenges of an ALS diagnosis. Chris and Beth Fogue are sponsoring the event in support CCALS, which has provided critical assistance to their brother-in-law, Jeffrey Lawrence of New Bedford, since he was diagnosed with ALS in 2007.

The Zumbathon allows Chris and Beth to share their love of Zumba, while raising money for a cause that they strongly support. Zumba fitness combines Latin dance music and easy moves to make exercising fun. According to creator Beto Perez, everyone from children to grandparents can Zumba. Living by the mantra, "Ditch the workout and join our party," Zumba has attracted devoted followers worldwide.

CCALS invites everyone to participate in its Zumbathon. Dancers are asked to raise a minimum of \$30, while non-dancers can attend for \$5. Tickets are available online at [www.ccals.org/zumba/](http://www.ccals.org/zumba/) or at the door, and donations can also be made online. The event will include information booths, refreshments, door prizes, raffles, T-shirts, and an opportunity to purchase locally made specialty beads designed by My Cape/My Town Beads, which remind Jeffrey of his days on his boat. Instructional dancing will be available during the event.

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